







Serving the hungry, homeless and addicted of coastal Fairfield County since 1993

1088 Fairfield Avenue | Bridgeport, CT 06605 | 203 333 4087 | BridgeportRescueMission.org

## **Attention Volunteers**

**Thank you for your help!** Due to the COVID-19 outbreak, BRM has implemented these precautions to safeguard you. If any of these conditions apply to you, **STAY HOME**:

- 1. You are sick with a cold or the flu.
- 2. You have a fever, cough, or shortness of breath.
- 3. You have had contact with a person with confirmed COVID-19 within the past 14 days.
- 4. Have not been practicing social distancing or visited any area in the United States in the last 30 days affected by COVID-19.
- 5. You are over 62 years old or have chronic health conditions, including chronic lung disease, heart disease, diabetes, cancer or a weakened immune system.

## When You Volunteer

- Must wear a face mask and gloves at all times.
- Wash your hands at the start and end of your service. Scrub with soap and water for 20 seconds or use an alcohol-based hand sanitizer.
- Cover your mouth & nose when sneezing or coughing (use tissue or sleeve, not hands).
- Do not touch your eyes, nose, or mouth with hands.
- Do not shake anyone's hand.
- Monitor your health more closely than usual for cold or flu symptoms.
- Keep at least 6 feet between you and others.